Kitchen Creations

FREE Diabetes Cooking Classes!

Please join us for this *FREE* series of 4 classes!

- Learn how to plan meals that help manage diabetes.
- Practice cooking foods in healthier ways.
- Enjoy the support of others who are living with diabetes.

Class Details

DAY OF WEEK: Thursdays

DATES: October 30-November 20, 2025

TIME: 5:30-8:00 PM

LOCATION: Curry County Extension Office
600 Woods St
Clovis, NM 88101

INSTRUCTORS: Mindy Turner, Curry County FCS Agent
Nicole Olson, DTR

TO REGISTER: Call 575-763-6505 or visit our website

kitchencreations.nmsu.edu

Provided by:

Diabetes MAPP
Diabetes Management and Prevention Programs

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Paths to Health NM
Tools for Healthier Living

NMHealth

For more information about **Paths to Health NM** programs, call the **NMHealth Helpline: 1-833-SWNURSE (1-833-796-8773)**

PRESBYTERIAN
Community Health

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